

SDPI Measures with Relevant Diabetes Audit Indicators



SDPI Topic	FY16 Required Key Measure	FY14 Indicators	Diabetes Audit Indicators
Aspirin or Other Antiplatelet Therapy in Cardiovascular Disease (CVD)			
<p>Importance: Antiplatelet therapy reduces the risk of CVD events in patients who have known CVD.</p> <p>Target Audience: Select from adults with BOTH diabetes and CVD. **Exclude pregnant individuals.**</p>	<p>Number and Percent of individuals in your Target Group who are prescribed aspirin or other antiplatelet therapy.</p>	<p>None</p>	<ul style="list-style-type: none"> • Prescription of Aspirin or other antiplatelet/anticoagulant therapy
Blood Pressure Control			
<p>Importance: Blood pressure control reduces the risk for diabetes complications, including CVD and chronic kidney disease.</p> <p>Target Audience: Select from adults with diabetes. **Exclude pregnant individuals.**</p>	<p>Number and percent of individuals in your Target Group who have mean blood pressure <140/<90 mmHg.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with mean blood pressure at <140/<90 within grantee specified time period. • Percent of individuals with diabetes in the target population at goal for the combined Audit outcomes measure records meeting ALL of the following criteria within grantee specified time period: A1C < 8.0, LDL < 100, Mean BP <140/<90 • Percent of individuals with diabetes in the target population with mean blood pressure at <140/<90 within grantee specified time period. (mean of most recent 2 or 3 documented BP readings) • Percent of individuals with diabetes in the target population with documented cardiovascular disease (CVD) or hypertension (HTN) education within grantee specified time period. 	<ul style="list-style-type: none"> • Last 3 Blood Pressures • HTN Diagnosis • ACE-Inhibitor or ARB prescribed • CVD Diagnosed

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Chronic Kidney Disease (CKD) Screening and Monitoring			
<p>Importance: People with diabetes are at higher risk for CKD. Regular screening and monitoring allow for intervention which may help slow CKD progression.</p> <p>Target Audience: Select from adults with diabetes who are not on dialysis. **Exclude pregnant individuals.**</p>	<p>Number and percent of individuals in your Target Group who have both a Urine Albumin-to-Creatinine Ratio (UACR) and estimated glomerular filtration rate (eGFR) completed.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population who were screened for CKD by using urine albumin to creatinine ratio (UACR) and creatinine/Glomerular Filtration Rate (GFR) withinin grantee specified time period. • Percent of individuals with diabetes in the target population with mean blood pressure <140/<90 (or have comorbidities that dictate a higher target) within grantee specified time period. • Percent of individuals with diabetes in the target population who are treated with an angiotension converting enzyme (ACE) inhibitor or angiotension II receptor blocker (ARB) (or have documented allergy/intolerance) within grantee specified time period. 	<ul style="list-style-type: none"> • Serum creatinine • eGFR value • Urine albumin: creatinine ratio (UACR) performed • Urine albumin: creatinine ratio (UACR) value
Dental Exam			
<p>Importance: People with diabetes frequently have problems with their teeth and gums, especially when they have poor glycemic control. Dental exams and treatment of dental problems improve oral health outcomes.</p> <p>Target Audience: Select from adults and/or youth with diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive a dental exam.*</p> <p>*Performed by a dental professional.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population who had documented oral health patient education (done by any provider) within grantee specified time period. • Percent of individuals with diabetes in the target population who had a documented dental exam within grantee specified time period. 	<ul style="list-style-type: none"> • Dental Exam Complete
Depression Screening			
<p>Importance: Depression can make it difficult for individuals with diabetes to carry out their daily activities, including diabetes self-management. Depression screening, with follow up of positive results, can improve depression outcomes.</p> <p>Target Audience: Select from adults and/or adolescents with diabetes who do not have a current diagnosis of depression.</p>	<p>Number and percent of individuals in your Target Group who are screened for depression.</p>	<ul style="list-style-type: none"> • Percentage of individuals with diabetes in the target population who were screened for depression within grantee specified time period. • Percentage of individuals with diabetes in the target population with documented depression that received treatment for depression within grantee specified time period. 	<ul style="list-style-type: none"> • Depression screening • Depression diagnosis

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Diabetes-Related Education			
<p>Importance: Diabetes education helps reduce the risk for developing diabetes and its complications.</p> <p>Target Audience: Select from adults and/or youth with diabetes and/or at risk for developing diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive education on any diabetes topic,* either in a group or individual setting.</p> <p>*Includes nutrition education, physical activity education, and any other diabetes education.</p>	<p>Educational</p> <ul style="list-style-type: none"> • Percent of individuals in the target population with documented diabetes self-management education (DMSE) services within grantee specified time period. <p>Behavioral</p> <ul style="list-style-type: none"> • Percent of individuals in the target population with documented diabetes self-management education (DMSE) who achieved one or more patient identified behavioral goals within grantee specified time period. <p>Clinical</p> <ul style="list-style-type: none"> • Percent of individuals in the target population with documented diabetes self-management education (DMSE) who achieved one or more patient identified clinical goals within grantee specified time period. <p>Self-Management Support</p> <ul style="list-style-type: none"> • Percent of individuals in the target population with documented diabetes self-management education (DMSE) who were referred to clinical or community resources for self-management support (SMS) within grantee specified time period. • Percent of individuals in the target population with documented nutrition education within grantee specified time period. • Percent of individuals in the target population with documented nutrition education and/or MNT by an RD within grantee specified time period. • Percent of individuals in the target population with documented MNT or individualized nutrition education who met one or more of their nutrition-related behavioral goals within grantee specified time period. • Percent of individuals in the target population with documented MNT or individualized nutrition education who met one or more of their nutrition-related clinical goals within grantee specified time period. • Percent of high-risk individuals with diabetes in the target population with an assigned case manager within grantee specified time period. • Percent of patients in the target population with improvement (positive results) for at least one patient-identified self-management goal within grantee specified time period. • Percent of individuals in the target population screened for diabetes who received diabetes prevention education at the time of screening within grantee specified time period. 	<ul style="list-style-type: none"> • Diabetes education • Nutrition instruction • Physical Activity instruction

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Nutrition Education			
<p>Importance: Nutrition education helps reduce the risk for developing diabetes and its complications.</p> <p>Target Audience: Select from adults and/or youth with diabetes and/or at risk for developing diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive nutrition education.*</p> <p>*Performed by a Registered Dietitian or other health or wellness program staff.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with a documented assessment for overweight or obesity within grantee specified time period. • Percent of individuals with diabetes in the target population with documented nutrition and physical activity education by a RD or other provider within grantee specified time period. • Percent of individuals with diabetes in the target population who achieve both their nutrition goal(s) and physical activity goal(s) within grantee specified time period. • Percent of individuals with diabetes in the target population who achieve their weight loss goal within grantee specified time period. • Percent of individuals with diabetes in the target population with documented nutrition education within grantee specified time period. • Percent of individuals in the target population with documented nutrition education and/or MNT by an RD within grantee specified time period. • Percent of individuals in the target population with documented MNT or individualized nutrition education who met one or more of their nutrition-related behavioral goals within grantee specified time period. • Percent of individuals in the target population with documented MNT or individualized nutrition education who met one or more of their nutrition-related clinical goals within grantee specified time period. • Percent of all participants in the target population who achieve their weight loss goal within grantee specified time period. • Percent of all participants in the target population who achieve their nutrition goal(s) within grantee specified time period. 	<ul style="list-style-type: none"> • Nutrition or diet instruction by RD or non-RD
Physical Activity Education			
<p>Importance: Physical activity education helps reduce the risk for developing diabetes and its complications.</p> <p>Target Audience: Select from adults and/or youth with diabetes and/or at risk for developing diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive physical activity education.</p>	<ul style="list-style-type: none"> • Percent of individuals in the target population who have had their level of physical activity assessed and documented within grantee specified time period. • Percent of individuals in the target population who showed improvement in their fitness levels in the relevant time period within grantee specified time period. • Percent of individuals in the target population who met one or more of their physical activity behavioral goals within grantee specified time period. • Number of policies implemented by the organization's leadership for the promotion and expansion of opportunities for physical activity. • Percent of individuals with diabetes in the target population with documented nutrition and physical activity education by a RD or other provider within grantee specified time period. • Percent of all participants in the target population who achieve their physical activity goal(s) within grantee specified time period. 	<ul style="list-style-type: none"> • Physical activity instruction • Nutrition instruction • Diabetes education

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Eye Exam - Retinopathy Screening			
<p>Importance: Number and percent of individuals in your Target Group who receive an eye exam.*</p> <p>*An eye exam includes a dilated eye exam by an optometrist or ophthalmologist or by using digital retinal imaging.</p> <p>Target Audience: Select from adults and/or youth with diabetes.</p>		<ul style="list-style-type: none"> • Percentage of individuals with diabetes in the target population with documented qualifying eye exam within grantee specified time period. • Percentage of individuals with diabetes in the target population with abnormal retinal screening exam who received appropriate specialty follow up within grantee specified time period. 	<ul style="list-style-type: none"> • Eye Exam complete
Foot Exam			
<p>Importance: Diabetes can cause nerve and vascular changes that reduce sensation and blood flow in the feet and legs. Regular foot exams allow for early detection and intervention to reduce the risk of foot ulcers and amputations.</p> <p>Target Audience: Select from adults and/or youth with diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive a comprehensive foot exam.*</p> <p>*A foot exam includes an assessment of sensation and vascular status.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with documented foot exams within grantee specified time period. • Percent of individuals with diabetes in the target population with documented foot care education within grantee specified time period. • Percent of individuals with diabetes in the target population with foot ulcers who received treatment within grantee specified time period. 	<ul style="list-style-type: none"> • Foot Exam complete
Glycemic Control			
<p>Importance: Good glycemic control, as measured by A1C, reduces the risk of diabetes complications.</p> <p>Target Audience: Select from adults and/or youth with diabetes.</p> <p>**Exclude pregnant individuals.**</p>	<p>Number and percent of individuals in your Target Group with most recent A1C <8.0%.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with A1C < 8.0 within grantee specified time period. • Percent of individuals with diabetes in the target population with A1C < or = 9.0 within grantee specified time period. • Percent of individuals with diabetes in the target population at goal for the combined Audit outcomes measure records meeting ALL of the following criteria within grantee specified time period: A1C < 8.0, LDL < 100, Mean BP <140/<90 	<ul style="list-style-type: none"> • Diet and exercise only • HbA1C and date • Insulin • Sulfonylurea • Clinide • Metformin • Acarbose or miglitol • Pioglitazone or rosiglitazone • GLP-1 med • DPP4 inhibitor • Amylin analog • Bromocriptine • Colesevelam • SGLT-2 inhibitor

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Immunizations: Hepatitis B			
<p>Importance: People with diabetes are at increased risk of contracting several vaccine-preventable infections, including hepatitis B. Vaccination helps reduce the risk of developing hepatitis B disease in patients who are exposed.</p> <p>Target Audience: Select from adults with diabetes.</p>	<p>Number and percent of individuals in your Target Group who have ever completed the hepatitis B vaccine series (all 3 doses).</p>	<p>None</p>	<ul style="list-style-type: none"> • Hep B series complete ever
Immunizations: Influenza			
<p>Importance: People with diabetes are at increased risk of developing serious complications from influenza. Influenza vaccination reduces this risk.</p> <p>Target Audience: Select from adults and/or youth with diabetes.</p>	<p>Number and percent of individuals in your Target Group who receive the influenza vaccine.</p>	<p>None</p>	<ul style="list-style-type: none"> • Flu vaccine during audit period
Immunizations: Pneumococcal			
<p>Importance: People with diabetes are at increased risk of developing serious complications from pneumonia. Pneumococcal vaccination reduces this risk.</p> <p>Target Audience: Select from adults with diabetes.</p>	<p>Number and percent of individuals in your Target Group who have ever received a pneumococcal vaccine.</p>	<p>None</p>	<ul style="list-style-type: none"> • Pneumovax vaccine ever
Immunizations: Tetanus/Diphtheria			
<p>Importance: Tetanus/diphtheria immunization helps protect people from tetanus and diphtheria.</p> <p>Target Audience: Select from adults with diabetes.</p>	<p>Number and percent of individuals in your Target Group who have received a Tetanus/diphtheria (Td or Tdap) vaccine in the past 10 years.</p>	<p>None</p>	<ul style="list-style-type: none"> • Td or Tdap past 10 years • Tdap ever

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Lipid Management in CVD			
<p>Importance: CVD is a major cause of morbidity and mortality for individuals with diabetes. Appropriate use of statin therapy results in significant CVD risk reduction for adults with diabetes.</p> <p>Target Audience: Select from adults ages 40-75 years with diabetes and individuals of any age who have BOTH diabetes and CVD. **Exclude people who are pregnant or have a statin allergy, intolerance or contraindication.**</p>	<p>Number and percent of individuals in your Target Group who are prescribed a statin.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with LDL<100 within grantee specified time period. • Percent of individuals with diabetes in the target population with documented cardiovascular disease (CVD) or hypertension (HTN) education within grantee specified time period. 	<ul style="list-style-type: none"> • Statin therapy prescribed • CVD diagnosed • Most recent total cholesterol • Most recent HDL • Most recent LDL • Most recent triglycerides • Nutrition instruction
Tobacco Use Screening			
<p>Importance: Commercial tobacco use increases the risk of CVD, microvascular complication, and premature death. Cessation of tobacco use reduces the risk of stroke and heart attack. Screening for tobacco use in people with diabetes helps programs connect patients/participants with tobacco cessation interventions.</p> <p>Target Audience: Select from adults and/or youth with diabetes or at risk for developing diabetes.</p>	<p>Number and percent of individuals in your Target Group who are screening for tobacco use.</p>	<ul style="list-style-type: none"> • Percent of individuals with diabetes in the target population with documented smoking status within grantee specified time period. • Percent of individuals with diabetes in the target population who smoke who received tobacco cessation intervention(s) within grantee specified time period. • Percent of individuals with diabetes in the target population who quit smoking within grantee specified time period. • Percent of individuals with diabetes in the target population with mean blood pressure at <140/<90 within grantee specified time period. (mean of most recent 2 or 3 documented BP readings) • Percent of individuals with diabetes in the target population with documented cardiovascular disease (CVD) or hypertension (HTN) education within grantee specified time period. 	<ul style="list-style-type: none"> • Tobacco use • Cessation counseling (received or referred)
Tuberculosis (TB) Screening			
<p>Importance: Adults with diabetes and latent TB infection are at higher risk for progressing to active TB disease if they are not screened and treated.</p> <p>Target Audience: Select from adults with diabetes.</p>	<p>Number and percent of individuals in your Target Group who have ever had a TB test result documented.</p>	<p>None</p>	<ul style="list-style-type: none"> • TB testing • TB test results • Future tests needed